Need to find childcare? We can help!

Raising a family can be challenging. It helps to know that Health Advocate is just a phone call or click away to find the right resources for your family that offer the caring support you need to help make life a bit easier.

We'll help locate — and check the availability of — the following:

- **Daycare centers,** family-run childcare homes, nanny resources
- **Preschools and Pre-K** suited to your child's needs and your preferences
- **Summer camps** to keep your child(ren) active and engaged
- **Before- and after-care** for school-aged children
- **Special needs services**, including community resources and support
- **Research additional resources** to help you better balance work and family life

Visit the Health Advocate website and mobile app for dozens of helpful articles about parenting and family life, tips, tools and more.

We support the whole family

Our services are completely confidential and available to you, your spouse/partner, dependents, parents, and parents-in-law at no cost.

866.799.2728

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www.HealthAdvocate.com/ceha

Registration code: SMJSELW

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