



We can help you get a **Second Opinion**

If you or a family member receives a serious diagnosis, you may want another doctor's opinion. Health Advocate, a benefit paid by your employer or plan sponsor, offers unlimited access to a Personal Health Advocate, typically a registered nurse supported by medical directors, who will help locate the most qualified physicians for the right consultation.

Getting Started

We'll do all the research so you can make the right decision

- Review your insurance coverage for second opinions and clarify using in-network vs. out-of-network doctors.
- Conduct in-depth research. We scour databases and networks with renowned medical authorities to locate physicians who are experts in the latest treatments.
- Evaluate the ability of qualified providers and medical centers to address your condition for an in-person consultation or chart review.
- Locate Centers of Excellence that specialize in treating your condition.
- Speak directly with the consulting physician to ensure that the doctor fully understands your needs.
- Research clinical trials that may allow you to receive specialized treatment.
- Support you during your selection. You'll learn about the doctor's experience, approach to care and anticipated costs.

Next Steps

We'll make your visits easy and worry-free

- Schedule the earliest available appointments.
- Arrange for the transfer of medical records and research transportation.
- Obtain needed referrals.
- Interact with your primary care doctor and insurance plan.

Remember... We can locate a qualified provider for your second opinion as well as help with a variety of additional healthcare and insurance-related issues. Eligible employees, their spouses, dependent children, parents and parents-in-law can use the benefit. Just call or email answers@HealthAdvocate.com.

West's Health Advocate Solutions is not affiliated with any insurance or third party provider, and does not replace health insurance coverage, provide medical care or recommend treatment.

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Turn to us—we can help.



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