



Your new mobile app is now available!

One-touch access to wellness help



Free ▪ Convenient ▪ On-the-Go Help

The new Health Advocate app makes it easy to get in touch with a Wellness Coach and get personalized help meeting your health goals.

▪ Get important alerts

View alerts for health screenings and tests to help keep you on track

▪ Participate in wellness activities

Do a challenge on your own or with coworkers, sync your fitness or activity tracker, use health trackers, take a wellness workshop, and more

▪ See status in real time

Instantly upload relevant documents and forms, and view the status of your cases in real time

▪ Take your Personal Health Profile

Get insight into your current health status and risks for disease

▪ Become more informed

Access trusted information on virtually any health topic like weight loss, pregnancy, first aid, chronic conditions and much more

▪ Get live support

As always, your Wellness Coach will be standing by to answer your questions and provide personalized help meeting healthy goals

How to Download Our FREE Mobile App



(for iPhone and iPad):

1. Tap the AppStore icon on the home screen.
2. Tap the magnifier search icon at the bottom of the screen, and type "Health Advocate" in the search bar.
3. Tap INSTALL.



(for Android):

1. Tap the Google Play icon on the home screen.
2. Tap the magnifier search icon in the top right corner, and type "Health Advocate" in the search bar.
3. Tap INSTALL.

Once you've downloaded the app, be sure to register!

- Tap the Health Advocate app icon on your phone to open the app
- Tap the **Member Login** button
- Type the **name of your organization**, select it from the drop-down box, and click "Continue"

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Turn to us—we can help.



Email: answers@HealthAdvocate.com
Web: HealthAdvocate.com/

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